

"YOU RUMBA"

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Record: S/P CNE 499 (Flip Spring Time Waltz)

Phase: VI Speed 45

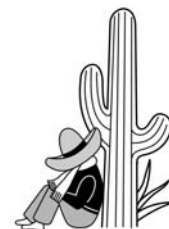
Sequence: A B A B END

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FC PARTNER & WALL LEAD FOOT FREE LEAD HND S JOINED WAIT 2 BEATS PART "A"

1-8 CURL; FAN; ALEMANA; ; ROPE SPIN; ; NEW YORKER IN 4; NEW YORKER;

- 1 (Curl) Fwd L, rec R, cl L raise jnd lead hnds over Lady's head leading her to trn LF,- (Bk R, rec L, fwd R trn LF $\frac{3}{4}$ to fc LOD left arm wrapped in front of body,-);
- 2 (Fan) Bk R, sd & fwd L, fwd R fc DW,-(Fwd L, fwd R trn 1/2 LF, bk L,-);
- 3-4 (Alemana) Fwd L, rec R, cl L lead Lady to trn RF,-; bk R, rec L, sd R sway to right look at Lady bring left hand across in front of forehead so that the jnd hnds are near Lady's head,-(Cl R, fwd L, fwd R commence RF swivel to fc partner,-; cont RF trn under lead hnds fwd L, cont trn fwd R, fwd L spiral RF to end on Man's right sd fc DRC,-);
- 5-6 (Rope Spin) Sd L, rec R, cl L straighten out sway as Lady circles around,-; sd R, rec L, sd R,-(Fwd R, L, R,-; fwd L, fwd R, fwd & sd L around Man to end feg Man,-);
- 7 (New Yorker in 4) Thru L RLOD with straight leg to side by side, rec R to fc partner, sd L LOD, rec R RLOD,-;
- 8 (New Yorker) Thru L RLOD with straight leg to sd by sd, rec R to fc partner, sd & fwd L fc DRW,-;



9-16 CONTINUOUS NATURAL TOP; ; ; CROSS BODY TO FAN FC COH; ; HOCKEY STICK to FC; ; SPOT TURN BFLY;

- 9-11 (Continuous Natural Top) XRIB, sd L, XRIB,-; sd L lead Lady to spiral LF under jnd lead hnds, XRIB, sd L,-; XRIB, sd L lead Lady to spiral LF under jnd lead hnds, cl R CP fc WALL,-(Sd L, XRIF, sd L,-; XRIF spiral 3/4 LF to CP, sd L, XRIF,-; sd L, XRIF spiral 3/4 LF to fc partner, sd L,-);
- 12-13 (Cross Body to Fan fc COH) Fwd L, rec R, sd L trn LF,-; bk R bring Lady twd COH, trn LF 1/4 sd L, fwd R fc COH,-(Bk R, rec L, fwd R,-; trn LF fwd L between Man's feet, cont trn sd & bk R, bk L fc LOD,-);
- 14-15 (Hockey Stick to FC) Fwd L, rec R, cl L raise jnd hnds to prepare Lady to trn,-; bk R, rec L, sd R fc COH,-(Cl R, fwd L, fwd R,-; fwd L, fwd R trn LF under jnd lead hnds to fc partner, sd L,-);
- (*) 16 (Spot Turn Bfly) Thru L trn RF (LF) fc RLOD, fwd R cont trn fc partner, sd L to Bfly,-;

PART "B"

1-8 FENCE LINE LADY SPIN; LUNGE LADY SIT LINE; ALEMANA to SHADOW; ADV SLIDING DOOR; ; ADV SLIDING DOOR; LUNGE/LADY SIT REC FC; OPEN HIP TWIST OVERTRND PT MAN TCH;

- 1 (Fence Line Lady Spin) Relax L thru R RLOD, rec L, sd R,-(Relax R thru L, rec R, sd L spin LF under lead hnds to fc partner,-);
- 2 (Lunge Lady Sit Line) Lowering on R by pushing right knee fwd keep back straight extend L bk twd RLOD, rise on R, cl L raise lead hnds,-(Bk R push right knee fwd lower into Sit Line keep back straight extend left leg fwd left arm up look at partner, rec L, fwd R,-);

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- 3 (Alemana to Shadow) Bk R, rec L, small fwd R trn RF outside Lady's left sd to shadow join left hnds Man's right hnd on Lady's right shoulder blade,-(Commence RF trn under jnd lead hnds fwd L, cont RF trn fwd R fc partner, fwd L swivel 1/2,-);
- 4-5 (Adv Sliding Door) Fwd L in press line with slight RF body trn, rec R to fc COH, XLIBR,-; flex left knee extend R LOD trn body LF, rec upright no wgt chg, small fwd R trn RF outside Lady's left sd,-(Bk R keep pressure into floor with ball of foot with RF body trn, rec L with slight LF body trn, fwd & across in line with supporting foot R,-; sd L with body stretch to left in lunge line, rec R, bk & across in line with supporting foot L,-);
- 6 (Adv Sliding Door) Fwd L in press line with slight RF body trn, rec R to fc COH, XLIBR,-(Bk R keep pressure into floor with ball of foot with RF body trn, rec L with slight LF body trn, fwd & across in line with supporting foot R,-);
- 7 (Lunge Lady Sit Rec Fc) Trn LF bk R lower into Sit Line lead Lady to trn RF lower left hnds right arm up, rec L fc COH, sd R join lead hnds,-(Trn RF under left hnds bk L RLOD lower into Sit Line keep back straight extend right leg fwd right arm up look at partner, rec R fc Wall, sd L join lead hnds,-);
- 8 (Open Hip Twist Overturned Point Man Tch) Fwd L, rec R, tch L to R no wgt chg,-(Bk R, rec L, fwd R swivel RF to fc COH extend L fwd,-);

**9-16 ROLL TO SHADOW; FENCE LINE REC MAN POINT SKATERS RLOD;
WALK 2; ROLL LADY ACROSS FC WALL; 3 ALEMANAS ; ; ; ;**

- 9 (Roll To Shadow) Sd & fwd L RLOD, trn LF sd R, cont trn sd L fc COH Lady on Man's left sd & slightly fwd,-(Same foot work);
- 10 (Fence Line Rec Man Point Skaters RLOD) Relax L thru R to RLOD, rec L, point R bk to DC to skaters fc RLOD,-(Relax L thru R to RLOD, rec L, sd & fwd R spin RF fc RLOD,-);
- 11 (Walk 2 SS) Fwd R,-, fwd L,-;
- 12 (Roll Lady Across Fc Wall) Bk R, sd & fwd L, sd R fc WALL,-(Sd & fwd L in front of Man, cont LF trn sd & bk R, sd L fc partner,-);
- 13-16 (3 Alemanas) Fwd L, rec R, small sd L,-; bk R DC, rec L, cl R,-; sd L, rec R, cl L,-; bk R DC, rec L, sd R fc WALL,-(Bk R, rec L, fwd R commence RF trn,-; cont RF trn fwd L, fwd R, cl L fc DW,-; sharp LF trn fwd R, fwd L, fwd R fc DC,-; commence RF trn fwd L, fwd R, sd L to fc partner,-);

REPEAT "A" "B"

ENDING

**1-8 CURL; FAN; ALEMANA ; ; ROPE SPIN ; ; OPEN HIP TWIST TO TANDEM
DEVELOP MAN TCH; ROLL TO SHADOW LUNGE LINE;**

- 1-6 (Repeat Part "A" (1-6) ; ; ; ; ;
- 7 (Open Hip Twist to Tandem Develop Man Tch) Fwd L, rec R, tch L to R no wgt chg,-(Bk R, rec L, fwd R swivel RF to fc WALL raise left toes to right knee point toes down extend L fwd,-);
- 8 (Roll to Shadow Lunge Line) Sd & fwd L, trn LF sd R, cont trn lunge sd L to LOD trn body LF extend arms out,-;

